

Why an intervention plan (IP) and an individualized service plan (ISP)?

When you and your parents receive services from an establishment, it is a legal obligation that, the stakeholders must, with your participation and that of your parents, develop an intervention plan.

The intervention plan serves as a tool to identify your needs, objectives to be followed, means to be used and the duration of services provided. In the event that you and your parents meet with different stakeholders, you will be given a single intervention plan.

For these same reasons, an individualized service plan requires several organizations to agree on the services to be provided.

What is an intervention plan (IP)?

It is an action plan, put in place by a social worker with you and your parents to identify your needs and behavior modifications.

What is an individualized service plan (ISP)?

You and your parents may need services from several different facilities, such the hospital, physical rehabilitation centre (CRDP), intellectual disability and autism spectrum disorder facilities, and other community organizations.

The agreement between you, your parents and the various stakeholders, is called an individualized service plan.

What does your intervention plan include?

The intervention plan is written on a form that provides the following information

- principal and pertinent information
- personal identification and that of your parents
- names of the stakeholders
- goals
- objectives for each identified need and problem
- means taken by each stakeholder to achieve these objectives
- revision date of your intervention plan

At the latest, you should have your intervention plan one month after meetings with the social worker.

Your collaboration with the stakeholders involved in the development of your intervention plan is very important.

Your signature and that of your parents on the form confirms your agreement and commitment to the intervention process.

A copy of the plan will be given to you and your parents.

The person in charge of your follow-up will keep you up to date on your progress with your participation and that of your parents, as well as all stakeholders involved.

If necessary, your intervention plan will be readjusted.

Your intervention plan belongs to you. It is important that you participate.

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